

Year in Review

Review of 2013
and Plan for 2014

2013 in the rear-view

High Points:



Low Points:

2013 in the rear-view

5 things I accomplished:

5 disappointments or regrets:

2013 in the rear-view

My greatest learning from 2013:



Plan for 2014

What are the 5 most important things you want to accomplish this year?

Plan for 2014

What are the action steps required to achieve each of your 5 goals?

(Make these steps specific tasks with deadlines e.g. “Call my mum and brother each once a week” instead of “Feel closer to my family” ... and make them realistic!)

Supporting images & affirmations for 2014 Goals



Well done!

You are one of a small percentage of people who have written down their goals!

This statistically means you are 80% more likely to succeed in achieving them.

Wishing you a very happy and fulfilling 2014!



Stephen Gelberg